

# National Arthritis and Back Pain+ Help Line

Call: 1800 263 265 or  
email: [helpline@msk.org.au](mailto:helpline@msk.org.au)



FREE &  
CONFIDENTIAL



NURSE-LED



MON-FRI  
9 AM -5 PM



MUSCULOSKELETAL  
AUSTRALIA

National Arthritis and Back Pain<sup>+</sup>  
Help Line  
**1800 263 265**

[MSK.ORG.AU](http://MSK.ORG.AU)

We've been helping people with arthritis, back pain and other musculoskeletal conditions for over 50 years.